



design your body

Press Release

An end to harmful abdominal fat

Munich, February 2009

Whoever previously thought that a low Body Mass Index meant a "green light" with regard to body and health matters is mistaken. The latest results of the European Prospective Investigation into Cancer and Nutrition (EPIC) show that fat distribution in particular as well as body weight is significant with regard to mortality risk. Even people with a low Body Mass Index but a large waist have an increased risk of metabolic disorders and cardiovascular diseases.

There is a simple formula: the greater the abdominal girth, the greater the health risks. Abdominal fat is not only an energy store but it also produces messenger substances which promote the development of chronic diseases. According to the EPIC study, mortality risk increases with increased accumulation of fat in the abdomen compared to the accumulation of fat on the hips and thighs.

Active control of abdominal fat produces not only aesthetic but also health benefits. Men and women, who are fit and physically active but who nevertheless try to control the beginnings of a stubborn paunch, know that this is easier said than done.

The HYPOXI Vacunaut scores with a unique method which enables a targeted reduction in abdominal girth using overpressure and vacuum. The pressure change is achieved by 122 overpressure and vacuum chambers incorporated in a specially developed suit. As a result, the HYPOXI Pressure Suit stimulates blood flow and targets fat reduction in the abdomen. The amount of exercise required for burning fat is moderate and takes place on a treadmill or other cardio equipment. Abdominal girth is significantly reduced after 4 weeks of HYPOXI treatment.

For more information, please visit www.hypoxi.com.